

Liberty Union High School District

Physical Education Participation Guidelines

Philosophy: “PE is an integral part of the overall education program for every student and provides one of the few opportunities students have to develop the skills, knowledge, and confidence necessary to lead a physically active lifestyle. A high-quality PE program promotes an active lifestyle, improved health, motor skill development, and better cognitive performance. Students who become skilled and knowledgeable in PE are more likely to become healthy adults who are motivated to remain healthy and physically active throughout their lives.”

(Source: California Department of Education)

Guidelines: Students are expected to suit-up and participate in PE each day the class meets. According to the California Department of Education, “It is appropriate for students to change their clothes for hygiene, safety, and movement efficiency purposes.” Students who do not suit-up, unless *“failure to wear such apparel arises from circumstances beyond the control of the pupil”* (EC 49066), and do not participate, may not receive credit for the day’s lesson. In such circumstances, PE teachers may determine if it is appropriate for the student to participate or if there is an opportunity for the student to complete an alternate assignment.

Non-Participation: Occasionally a student may have a short-term medical reason preventing him/her from suiting-up and participating. The student must bring a note from a parent requesting limited/no activity due to injury/illness. The duration cannot exceed 2 class meetings. Students with medical reasons preventing them from suiting-up and participating for 3 class meetings or more must have a note from a doctor. Students do not earn credit for days in which they do not participate.

Interventions: Physical Education teachers want students to participate and want them to be successful in class. If a situation arises in which a student is not participating, the teacher will implement the following interventions:

- 1st Non-Participation: Teacher/Student conference
- 2nd Non-Participation: Teacher/Student conference, teacher contacts parent, and teacher may assign consequences to student
- 3rd Non-Participation: Teacher/Student conference, teacher contacts parent, notifies counselor, and referral to administrator
- 4th Non-Participation: Referral to administrator
- 5th Non-Participation: Parent/Student/Teacher/Administrator conference, and referral to administrator with increasing level of consequences
- 6th Non-Participation: Referral to administrator with increasing level of consequences

Long-term Medical Issues: Students with medical issues/conditions requiring 1 – 6 weeks of non-participation must make arrangements with the teacher to make up assignments when they are healthy enough to do so. Students with medical issues/conditions requiring more than 6 weeks of non-participation may hold a meeting (i.e. 504) with the student, parent, counselor, and teacher to determine potential accommodations or transfer/drop from class. The student would enroll in a required PE course when medical issue/condition is resolved.